

USA Ultimate Gender Inclusion Policy

USA Ultimate currently has three divisions – men’s, women’s and mixed – that default to using the gender binary to determine participation in each division (for youth players, the divisions are boys’, girls’ and mixed). However, we recognize not all individuals’ gender identities are binary, and a gender binary default for participation potentially could make some individuals feel excluded and unsafe.

Within our divisions as they currently exist, USA Ultimate will not discriminate on the basis of gender identity, regardless of sex assigned at birth, or any other form of gender expression for participation in any division. We affirm that people of all gender identities should have the freedom to participate in USA Ultimate sanctioned or championship series events in the division in which they feel most comfortable and safe based on their gender identity and should be recognized, respected and included at every level of the sport.

We strongly recommend that all organizers, leagues, tournaments, clinics and events adopt this statement as written and create an open and inclusive atmosphere in all ultimate programs.

For more information on supporting your transgender, non-binary and gender nonconforming teammates, coaches, friends and community members, please reference the links below. (Note - this is not intended to be an exhaustive list. For further information, please see the EDI section of the USA Ultimate website.)

[Top Five Tips for Allies of Transgender People](#) (From Transathlete.com)

[Transgender 101](#) (From the LGBT Sports Coalition Summit)

Registration and Participation

1. In their USA Ultimate membership account, every athlete should select the gender identity option that best aligns with their gender identity.
2. When registering for a USA Ultimate sanctioned or championship series event, athletes should select to participate in the division in which they feel most comfortable and safe based on their indicated gender identity.

National Teams

Athletes trying out and being selected for USA Ultimate National Teams will be required to compete in accordance with the WFDF Transgender Policy. For the most up-to-date version of the policy, refer to the [World Flying Disc Federation](#) website.

Privacy Statement

All discussions of gender identity by an athlete, coach, USA Ultimate staff and/or USA Ultimate volunteer shall be kept confidential unless requested otherwise by the athlete.

Questions

For questions and concerns, contact gender_inclusion@usultimate.org for more information.